# **STROBE CLASSIC**



#### STROBE LENS TECHNOLOGY

Ideal for entry level to sports vision training, youth athletic training and group training sessions. Add the Strobes into your skill development work to increase the difficulty, complexity, and intensity so that come Gameday the execution of the skills is perceptively easier and more efficient. Research has shown Strobe training can also reduce the risk of concussion. Great for all athletes at all levels.

# **STROBE PRO**



#### SPLIT STROBE LENS TECHNOLOGY

The Strobe Pro is powered by a split liquid crystal lens technology and is ideal for intermediate level, High School and collegiate athletes, group sessions and return to play training. The split lens settings restrict the field of vision from below or above which is great for dynamic sports such as baseball, soccer, hockey, basketball, and more.

# **STROBE ELITE**



#### **QUADRANT STROBE LENS TECHNOLOGY**

The Strobe Elite is powered by a quadrant liquid crystal lens technology and is ideal for elite level, specialty vision training, rehabilitation and return to play training. This advanced version of the Strobe activates each region independently allowing you to customize the occluding patterns desired to train different portions of your vision such as peripheral awareness.

# WHY SENAPTEC STROBE TRAINING:

Strobe Training enables you to train the mind and body together. This heightened visual capability enhances coordination, anticipation and decision-making resulting in faster reaction times, better ability to focus, and overall improved balance. Research has shown Strobe training can also reduce the risk of concussion. Most athletes notice improvement after one 15-minute session.

## **STROBE TRAINING CAN IMPROVE:**

#### **Focus**

Keeping the eyes on the target through completion of a task.

#### **Timing**

Accurate and precise reaction timing.

#### **Visualization**

Tracking of objects in the mind's eye.

#### Quickness

Quick and accurate execution of a movement.

#### **Peripheral Vision**

Awareness of your surroundings.

#### **Balance**

Ability to keep your body in a stable position.

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# IGNITE YOUR SENSES WITH STROBE TRAINING



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STROBE PRO

# 8 STROBE PATTERNS



# TROBE CLASSIC

#### Mode A

Both lenses strobing. This is great for all around training.

#### Mode B —

Designed to block the central vision, focusing your brain on peripheral vision, which is particularly important in this day with everyone so focused on small screens and ignoring their peripheral vision.

#### Mode C —

Lenses alternating clear and opaque between left and right eye. This takes away your binocular vision for exercises to help your eyes to work together.

#### Mode D & E

Blocks left or right vision, for training one side of your visual field, non-dominant eye or peripheral awareness.

#### Mode F & G ——

Block lower and upper vision. Blocking lower is great for ball handling drills and blocking upper is good for folks who need to work on getting their head up for posture and balance control.

#### Mode H, I, J, K

Will each block one quadrant, which allows focusing the training on that portion.

#### Mode A

Both lenses strobing. This is great for all around training.

#### Mode B & C

Blocks left or right vision, for training one side of your visual field, non-dominant eye or peripheral awareness.

#### Mode D

Lenses alternating clear and opaque between left and right eye. This takes away your binocular vision for exercises to help your eyes to work together.

#### Mode E & F —

Block lower and upper vision. Blocking lower is great for ball handling drills and blocking upper is good for folks who need to work on getting their head up for posture and balance control.

#### Mode G —

The lenses alternate back and forth between the upper and lower portion of the visual field. This unique mode maintains a constant visual input while constantly shifting the source of information. It is a great mode for maintaining balance while in motion and building situational awareness.

#### Mode H

The lenses move through the different segments in a circular pattern. This provides maximum visual distraction. Training in this mode helps overall visual processing, especially spatial awareness and depth perception.

#### Mode A —

Both lenses strobing. This is great for all around training.

#### Mode B & C =

Blocks left or right vision, for training one side of your visual field, non-dominant eye or peripheral awareness.

#### —— Mode D ———

Lenses alternating clear and opaque between left and right eye. This takes away your binocular vision for exercises to help your eyes to work together.

### **INCLUDED WITH ALL STROBE MODELS:**

# 8 STROBE RATE SETTINGS





All Pattern and rate settings can be controlled via Senaptec Strobe App

- Comes with adjustable elastic strap
- Standard USB charger
- Extra nose piece, temple arms, and cleaning cloth
- User manual and quick start guide
- One year manufacturer's defect warranty

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